

Introducing Union Day School's New Outpatient Services!

- Who:** Union Day School/Talbert House
- What:** Union Day School Outpatient Services
- When:** Four days a week including Tuesday and Wednesday evenings 4-8 p.m.
- Where:** Union Day School or alternate setting as needed
- Why:** Reaching out to the community to help break down service barriers by offering outpatient clinical services to individuals during **DAY** and **EVENING** hours

Referral Forms Via Fax (513-785-6901) TO:

Julie Kubin, M.Ed, PCC-S
Clinical Supervisor

Julie.Kubin@talberthouse.org

513-785-6903

Or

Jennifer Wolfe, PCC-S, LICDC
Program Manager

Jennifer.Wolfe@talberthouse.org

513-785-6905

Talbert House offers a wide array of services by trained professionals for the residents of Butler County. At present, Talbert House provides clinical support and services to a variety of school districts within the county ranging from the regular education setting to a therapeutic day school for children experiencing significant difficulties in their home-school environments and needing a separate facility to meet their needs. The Therapeutic Day Program at Union Day School incorporates the Collaborative Problem-Solving Model into their work with referred students. At present, available Talbert House services include: assessment, individual and family therapy, group therapy, case management services (CPST), and psychiatric services. Listed below is a brief description/overview of each type of service.

ASSESSMENT SERVICES:

- **Diagnostic** – Clinical interview that assesses a client's strengths, needs and preferences for treatment. Provides a psycho-social history of the client to determine if a mental health diagnosis exists and if so, what services and interventions are most appropriate for the client based on his/her diagnosis and initial assessment information.
- **Psychological** – Comprehensive evaluation of a client's functioning and needs utilizing a variety of standardized assessments and tools. This evaluation assists in further defining a client's treatment needs and effective interventions.
- **Psychiatric** - Evaluation performed by a Talbert House psychiatrist to assess a client for psychiatric treatment needs, including medication management.

MEDICATION MANAGEMENT:

- Recommendations are made for treatment and/or medication
- Ongoing management of medications
- Consultation services to clients, their families, and treatment providers

INDIVIDUAL THERAPY:

- Regularly scheduled sessions providing therapy services using cognitive behavioral strategies with clients
- Individual therapy services are based on client needs identified during the assessment process or while participating in other services
- Potential issues addressed in therapy although not inclusive based on client needs – improvement of presenting problems/symptoms, coping strategies, increased level of self-awareness, problem-solving, communication, and relationship issues

GROUP THERAPY:

- Therapy services provided in a group setting (6-8 clients preferable) using cognitive behavioral strategies with clients
- Group therapy services are based on client needs identified during the assessment process or while participating in other services
- Potential issues addressed in group therapy although not inclusive based on client needs – anger management/frustration tolerance, relationship issues, relaxation skills, interpersonal communication, emotional regulation, symptom education and management

FAMILY THERAPY:

- Therapy services, using cognitive behavioral strategies and the Collaborative Problem-Solving Model, provided within the family setting to address identified needs of the client utilizing his/her family members as part of the process
- Focus of family therapy includes but is not limited to: completion of social and developmental history of identified client, assessment and teaching of lagging skills needing improvement (communication, coping) within the family necessary to assist client in his/her progress, development of mutual goals and planning for client success, & attend to any other concerns identified by the family as areas of need

CASE MANAGEMENT (CPST):

- Assist clients and their families with necessary support and resources, provide education related to client/family needs, assist with the monitoring of symptoms, and provide client advocacy as necessary
- Assist clients and their families in addressing their needs and learning new skills in their natural environments such as home, school, and community
- Partner with other professionals also involved with clients to coordinate care
- Serve as a liaison between client settings such as home, school, and community